

THE INSIDER



Quotable

"Last night I was yelling – I'm a little embarrassed to tell you this – but I was yelling, 'I haven't had sex in three and a half months!'"

Regis Philbin, on painkillers (from open-heart surgery) that cause him to say strange things

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Quick Picks

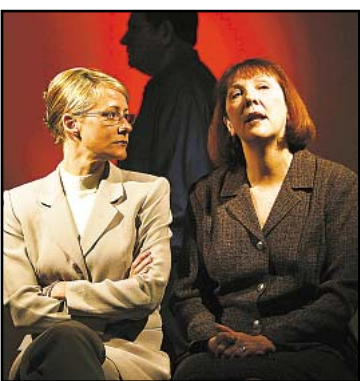
This week's top choices

Sean P. Means
Film critic

'The Host'

"The Host," now playing at the Regency Trolley Square Cinema, is one cool monster movie, as well as a dysfunctional-family comedy, father-daughter drama and biting political allegory — all thrown into the cinematic blender by Korean director Bong Joon-ho in an exciting, surprising and emotional film.

Ellen Fagg
Theater critic



'Frozen' and 'Alienation Effekt'

Two very different plays — Pygmalion's "Frozen" and Plan-B's "Alienation Effekt" — are showing at Salt Lake City's Rose Wagner (138 W. 300 South), and both audiences spill into the lobby at intermission, making SLC feel like a happenin' theater kind of town. "Frozen" is an emotional consideration of the possibility of forgiving the unforgivable: the kidnapping and murder of a young girl. The other is a rollicking satire of the long-running dust-up about gay-straight alliances in high schools, transforming all we love and hate about Utah politics into another dramatic character. Tickets? Call 801-355-2787 or visit www.arttix.org.

Anne Wilson
Arts editor

Poor Yorick Studios

It's always a party when the artists of Poor Yorick Studios open their doors twice a year. This time the event is two days, Friday, 6-10 p.m., and Saturday, 1-5 p.m., at the new location, 126 W. Crystal Ave. (2590 South), South Salt Lake. It's free, but donations are appreciated.

'I WAS LIKE, WOW'

The art

"SK8180" (pronounced "skatey-eighty") by Stephen Glassman

Fairmont Park, 900 E. 2361 South, Salt Lake City



PAUL FRAUGHTON/The Salt Lake Tribune

Nick Wnorowski, who is visiting from New York state, skateboards beneath "SK8180" at Salt Lake City's Fairmont Park.

The artist

"I really relate to skateboarders when it comes to how they look at their environment, you know, like how ramps and stairs become a venue for tricks and jumps, because for me, I look to civic architecture for inspiration for pieces. I have a love affair with billboards, coming from L.A. with all the billboards on the freeway and just around town. I find them dynamic and structurally amazing. So the fact that this piece resonates with its environment was actually just luck. It wasn't like I came to the site and designed it. The fact that it was next to the freeway was really kind of lucky. In the end, though, this piece is an homage to skateboarders and their explosive energy."

The critics

"At first I was like, wow, why is there so much metal? And then I thought the colors [and design] on Plexiglas looks like the dog from Taco Bell. I think it would have been cool if they made it so you could skate it."

Nick Wnorowski, 19, Syracuse, N.Y.

"It would be cool if they had lights coming out of the metal tubes."

Zac Vandertoolen, 13, Salt Lake City

"It looks like an overpass sign with a bunch of stuff welded together. I think it's interesting but unnecessary."

Mike Friberg, 21, Salt Lake City

Comments compiled by Alicia Greenleigh

Blogorama

This is a sampling of Tribune blogs now online. Visit www.sltrib.com/blogs for more of Means; Dan Nailen, The Urban Spelunker; and Vince Horiuchi, the Village Vidiot.



Sean P. Means
aka The Movie Cricket

A colleague at *The Tribune* asked the Cricket whether her almost-15-year-old son should be allowed to see the R-rated "Borat." (Short answer: No, but watch it yourself before you decide.) Minutes later, another colleague asked whether the PG-rated "TMNT," the new Teenage Mutant Ninja Turtles movie, was appropriate for her 6-year-old daughter. (Short answer: No.) Monitoring movie appropriateness gets harder as the children get older and spend more time outside the house. Some point to such conundrums and say the government has to do something to restrict children's access to such material. No way. With a little homework, one can be informed and use available technology — such as parental lockouts on the TV or cable converter — to keep children away from inappropriate content. That's a parent's job, and nobody else's.

Living letter

Rah, rah, raw foods

As the founder and editor of the 6-year-old online magazine *RawFoodsNewsMagazine.com*, I want to compliment your newspaper and your writer, Kathy Stephenson, on a beautifully written, inspiring story ["Raw Foods: Earth to mouth," March 7].

I'm delighted to hear that Omar Abou-Ismael left an intense career as a geophysical engineer to become a raw restaurateur! How awesome is that! And to think he started his business with a minuscule \$3,000 loan! Restaurants are known for being very risky businesses, even for experienced restaurateurs, so a big "bravo!" to Omar!

JUDY POKRAS
Sarasota, Fla.

Reality TV

Real quick

There's such a barrage of reality shows swallowing up our television time, it's hard to keep track of who's schmoozing whom and who's been doing the backstabbing. Here's the cooler talk about last week's episodes of some of your favorite reality fare, written by The Salt Lake Tribune's resident unscripted-TV buffs. (Warning: Spoilers ahead. If you didn't watch last week, read at your own risk.)

	American Idol	America's Next Top Model	Amazing Race	Survivor: Fiji
	Tuesdays, 7 p.m.; Wednesdays, 8 p.m., KSTU Ch. 13	Wednesdays, 7 p.m., KUCW Ch. 30; encore Sundays, 8 p.m.	Sundays, 8 p.m., KUTV Ch. 2	Thursdays, 7 p.m., KUTV Ch. 2
What happened?	America, clean your ears! Viewers continued to knock out good singers in favor of bad when they voted off Stephanie Edwards, keeping Sanjaya Malakar and Haley Scarnato. It was British Invasion week, with contestants singing songs they are too young to know, and Sanjaya had the nerve to sing the Kinks' "You Really Got Me." Uh, no you didn't.	Vogue! Vogueing pro Benny Ninja helped the girls strike a pose while ducking and dodging in a laser maze. Renee improved this week, while some of the other girls had a false sense of security when it came to elimination time. In the end, Felicia was deemed not so fierce, and judges gave her the boot.	A topsy-turvy trip from Argentina to Maputo, Mozambique, put perpetual also-rans Charla and Mirna in first place after the racers filled charcoal sacks, painted fingernails and guided land-mine-seeking rats. Uchenna and Joyce came in last in this non-elimination leg.	In what may have been the best episode yet, the game was given a twist and new teams formed. Ravu became the all-beefy-guys team, which still got hammered by Moto's half-women, half-guys team in the immunity challenge. Testosterone-filled Rocky and mild-mannered Anthony got into a tiff about being a man, and the rest of the grunts agreed with Rocky. Anthony went home.
Best whine & cheese moment	Having Sanjaya come out and whip his hair around was too much to handle. It got worse when a 13-year-old girl in the audience began uncontrollably crying in his presence. Michael Jackson he's not.	In the girls' disturbing photo shoot where the theme was stylish murder, creative director Jay told Jael her poses were not believable, shouting, "It doesn't look like you're dead." He ate his words later when he found out Jael's friend recently died of an overdose. Just call him Mr. Sensitivity.	Fun fact: The three teams that chose to hawk manicures in a Maputo market all placed ahead of the four teams that filled sacks of charcoal.	After all the huffing and puffing about being a super team with muscles, the all-male Ravu team ended up with more brawn than brains in an immunity challenge through an obstacle course that also required a bit of thought. Apparently, the guys didn't have even that.

Contributors: Alicia Greenleigh, Sean P. Means and Vince Horiuchi